

# THE WISDOM WITHIN

## READING LIST

The following works are available through online bookstores, like Booktopia Australia or Amazon Australia. Some of the works are freely available online. If you cannot source a book, please contact the Curator (see below), who will lead you in the right direction.

CURATOR: The curator of this list is Ian MacLean, who can be contacted by email at [imaclean@practicalphilosophy.org.au](mailto:imaclean@practicalphilosophy.org.au).

### QUOTED WORKS

A.N. Whitehead  
**Process and Reality**

Albert Einstein  
**Collected Paper**

Alexander von Humboldt  
**Cosmos**

Anandamayi Ma  
**The Essential Anandamayi Ma**

Augustine of Hippo  
**Confessions**

Edith Stein  
**Finite and Eternal Being: An Attempt at an Ascent to the Meaning of Being**

Emily Dickinson  
**Further Poems**

Epicurus  
**Letter to Menoecus**

Galileo  
**Writings**

Hazrat Inayat Khan  
**The Art of Being and Becoming**

Helen Keller  
**The Story of My Life**

Hildegarde of Bingen  
**Meditations**

Hildegarde of Bingen  
**Causes and Cures**

Jacques Lusseyran  
**Let There Be Light**

James Allen  
**As a Man Thinketh**

Jetsunma Tenzin Palmo  
**Into the Heart of Life**

Juan Mascaro  
**Lamps of Fire**

John Keats  
**Poems**

Lao Tzu  
**Tao Te Ching**

Leon MacLaren  
**Lectures. Vols. 1-4**

Luke the Apostle  
**Gospel of Luke**

Marsilio Ficino  
**Letters. Vols. 1-10**

Paul Reps  
**Zen Flesh, Zen Bones**

Pierre Hadot  
**Philosophy as a Way of Life**

Plato  
**The Apology**  
**Laws**  
**Euthyphro**  
**Gorgias**  
**Symposium**

Proust  
**Remembrance of Things Past**

Ralph Waldo Emerson  
**Essays: First Series**

Rumi  
**Poems**

Simone Weil  
**The Need for Roots: Prelude to a Declaration of Duties Towards Mankind**

Seneca  
**Letters from a Stoic**

Shakespeare  
**Hamlet**

Shantananda Saraswati  
**Good Company**  
**The Man who Wanted to Meet God**

Thomas the Apostle  
**Gospel of Thomas**

Vivekananda  
**Complete Works**

Wangari Muta Maathai  
**Unbowed**

William Blake  
**Auguries of Innocence**

William Wordsworth  
**Tintern Abbey**

## COMPLEMENTARY READING

Bede Griffiths

**The Marriage of East and West**

Martin Buber

**Tales of Hasidim**

Dalai Lama

**Ancient Wisdom, Modern World**

Eugen Herrigel

**Zen and the Art of Archery**

Victor Frankl

**Man's Search for Meaning**

Eric Fromm

**The Art of Loving**

Goleman & Davidson

**The Science of Meditation**

John Main

**Word into Silence**

Kabir

**Ecstatic Poems**

Kahlil Gibran

**The Prophet**

Jacques Lusseyran

**And there was Light**

Leon MacLaren

**The Power of Service**

Nelson Mandela

**Long Walk to Freedom**

Paramahansa Yogananda

**Autobiography of a Yogi**

Purohit Swami

**Bhagavad Geeta**

Purohit Swami

**The Ten Principal Upanishads**

Rumi

**The Essential Rumi**

Shantananda Saraswati

**Teachings**

**Conversations. Vols. 1-5**

Stephen Fry

**Mythos**

**Heroes**

## PODCASTS

Peter Adamson

**Philosophy Without Gaps**

Melvyn Bragg

**In Our Time**

Lantern Jack

**Ancient Greece Declassified**

We'd like to build on our list of recommended podcasts, so if you know of any philosophical podcasts that are open-minded, inquiring and non-ideological, please send your suggestions by email to the Curator. We can't promise we'll include every recommendation we receive, but please help us build a library for everyone.

DISCLAIMER: This Reading list includes all of the works referred to in the Wisdom Within introductory course, and some others not included. Please note that just because an author is listed, this does not mean that Practical Philosophy Australia agrees with all the published views of the author. This is also the case with the podcasts included on the list.

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